

# Life Saving Rules

Please ensure your co-workers follow these  
9 Life Saving Rules

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- 1 Always report to the responsible safety official when entering or leaving a site
- 2 Never go to work without your PTS card and a safety official's instructions
- 3 Always follow the instructions closely
- 4 Wear the prescribed PPE
- 5 Use you telephone/tablet only where it is absolutely safe to do so
- 6 Never walk underneath hanging loads
- 7 Carry out only those tasks and activities that you are able and permitted to carry out
- 8 Never work under the influence of alcohol, drugs or other mind-altering substances
- 9 Work only with approved tools